

**ROYAL COLLEGE OF PHYSICIANS & REGENTS PARK**  
**WEDNESDAY 30 June 2010**

---

This meeting has been organised by George Freeman at the request of Eileen Roberts

The **ROYAL COLLEGE OF PHYSICIANS** was founded in 1518 by Henry VIII to grant licences to practise medicine by those suitably qualified and to punish unqualified practitioners. The present building on the South East corner of Regents Park is its fifth and the Medicinal Garden was replanted in 2005. There are 8 different gardens around the building. Dr Henry Oakeley will be our guide and give us the history and the use of plants in medicines. His book 'A year in the Medicinal Garden of the Royal College of Physicians' which lists 60 plants is available from reception at £6. (See [www.oakeleybooks.com](http://www.oakeleybooks.com)) The museum is open Mondays to Fridays 9am – 5pm, free. [www.rcplondon.ac.uk](http://www.rcplondon.ac.uk)

**REGENTS PARK** is where the Prince Regent intended to build his palace and he got his architect Nash to lay out the processional route from his residence - Carlton House (now Carlton House Terrace) – to Regents Park (Regent Street and Portland Place) and to build along them. There are also some impressive terraces of his to the East of the Park. Recently, the Victorian Garden has been rejuvenated and is worth a visit. The beds are in the formal manner and the urns and fountains restored. Queen Mary's Garden in the Inner Circle will be very pretty as most of the roses will be in bloom. It was developed in 1935 for her Jubilee. Our guide will be Ann Jones, a blue badge guide with an interest in plants. There are many interesting wildfowl on the lake.

**MEET** in the foyer of the Royal College of Physicians; refreshments and toilets. If you are early a visit to their museum is recommended.

**LUNCH** will be at The Green Man public house where I have booked tables. This is very close to Great Portland Street station.

**PM** meet Ann Jones for the Park tour.

10.30 – 11.00	Assemble at the Royal College of Physicians, refreshments & toilets
11.00 – 13.00	Tour of the botanic garden
13.00– 14.30	Lunch at The Green Man
14.30	Meet our guide for the tour of the Park and the outside of a few of Nash's buildings
16.30	Depart (timing depends on progress)

**TRAVEL** The nearest underground stations are Great Portland Street and Regents Park. It is situated at the SE corner of the Park in 11 St Andrew's Place, NW1 4LE, see map.

### CONTACTS

Before the meeting Reinalt Vaughan-Williams [reinalt@physics.org](mailto:reinalt@physics.org) 020 8946 3399 and 07758 085741  
On the morning only George Freeman 07941 916 944 or Reinalt's mobile.  
Late arrivals should seek us in the gardens which surround the college.

### COSTS

£11.00 each for maximum of 30.

